

TRENDS & DEMOGRAPHICS



41 The average age of our client in the last year

Clients are most likely to have treatment between the ages of **30-49 years**

Clients requiring treatment in 2016 are more likely than at any point in the last 10 years to have multiple or poly addictions

62%

2015 (primary & secondary)

84%
alcohol

Females are most likely to require help with a food related addiction

20-30% but males are on the increase

4.2% of men in treatment in 2006 versus

8.2% in 2015

#1 issue

84% of clients who entered treatment in 2015 have a problem with alcohol

40%
drugs (licit & illicit)

13%
gambling

18-24 years

the fastest growing age group presenting for treatment – up 11% between 2010 and 2015

Women & Alcohol

2006 - 74%
of women were problem drinkers

2010 - 78%
of women were problem drinkers

2015 - 93%
of women were problem drinkers

Sex and Love addiction:

2006 - 0 clients

2010 - 3 men

2015 - 7 men & 1 woman