



Workshop on Family Intervention and Mobilization.

Saturday, 23rd January 2016

Addiction affects the whole family, one person's addiction means the whole family suffers. Addiction is a family disease that stresses the family to breaking point, impacts the stability of the home, family unity, mental and physical health, finances and overall family dynamics.

This day is open to anyone whose life is affected by the drinking, drug use, gambling or compulsive behaviours of a family member or friend.

Without intervention addiction can totally disrupt family life and cause harm that can last a lifetime.

This workshop will give family and friends an understanding of addiction and its effect on everyone. Family Intervention will be explained and discussed, imparting information on how to plan and enact an intervention with the addicted person. Constructive and active family engagement in the Recovery process is essential if the family is to heal. To move on in hope, families need a variety of supports, information and skills.

At the end of the day participants will have:

- A better knowledge of the illness of addiction.
- Knowledge on how to plan an Intervention, the steps involved in proceeding to perform an Intervention, and the follow up required.
- More understanding of how they themselves have been affected by the addiction and of how they can cope with it.

The Workshop will take place in The Rutland Centre. Registration commences at 9.45am and the day will run from 10.00am to 4.30pm. The fee for the workshop is €80, this covers all family participants. All attendance must be booked in advance by contacting the Centre by Email, Info@rutlandcentre.ie, or by phone on 01-4946358.

Tea and coffee will be provided but lunch is not included. Participants may bring a packed lunch or purchase lunch locally.