## TRENDS & DEMOGRAPHICS



41 The average age of our client in the last year

Clients requiring treatment in 2016 are more likely than at any point in the last 10 years to have multiple or poly addictions

62%

#1 issue 84% of clients who entered treatment in 2015 have a problem with alcohol Clients are most likely to have treatment between the ages of

**30-49 years** 

2015 (primary & secondary

**84%** 

40% drugs (licit & illicit)

13% gambling

Females are most likely to require help with a food related addiction

20-30% but

4.2% of men in treatment in 2006 versus

**8\_2%** in 2015

18-24 years

the fastest growing age group presenting for treatment – up 11% between 2010 and 2015

Sex and Love addiction:

**2006** - 0 clients

**2010 -** 3 men

2015 - 7 men & 1 woman

Women & Alcohol

2006 - 74% of women were problem drinkers

2010 - 78% of women were problem drinkers

2015 - 93% of women were problem drinkers